

November 2, 2013



## **Parents' Curriculum Guide**

Created by the Citi Performing Arts  
Center Education Department

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## How to Make Puppets Instructions

### Sock Puppets

Find some old socks, preferably knee-length, that you don't mind getting messy. Using markers or other craft objects, make eyes and hair at the closed end of the sock to make a face. Continue decorating the body as desired.

Once completed, put your arm in the open end of the sock. Grab the sock from inside and pinch your fingers to your thumb to make the puppet speak!



Make your own family puppet show at home with these easy-to-make puppets.

### Paper Bag Puppets

Flatten a lunch-sized brown paper bag. Using markers or other craft objects, draw a face on the flatten bottom. Continue decorating the rest of the bag to make a body.

### Shadow Puppets

Don't have any craft supplies? Make a puppet show using a flashlight and your hands. Turn off the light, and shine a flashlight onto a blank wall. Place your hands between the flashlight and wall. Create images by moving your hands!



## Puppet Show Suggested Themes

- Reenact your favorite book.
- Ask an elder in your family for some old family stories.
- Rewrite the ending to a familiar fairy tale.
- Create a play about a family tradition.
- Research the story of your neighborhood and act it out.
- Think of the most important lesson you learned and create an original tale based on that lesson.

## Storytelling at Home Writing Worksheet

Storytelling continues the oral traditions passed down from generation to generation. You can become a storyteller too!

You don't need much to begin writing an original story. It can be about you, your family, your community, anything! Make sure you consider these essential story elements:

- Setting (Time and location)
- Characters
- Plots (exposition, rising action, climax, and resolution)

**Use the space below to begin writing your original story!**

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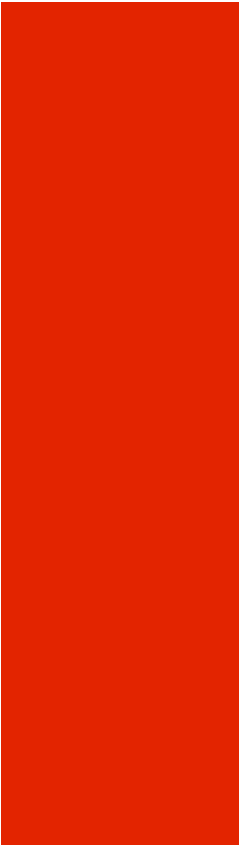
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# Make Music at Home

## Crafting Homemade Instruments

### Comb Harmonica

*Materials:*

- A small hair comb
- 2"x2" square of wax paper

*Directions:*

1. Hold the comb so that the teeth point toward you.
2. Use your thumbs to hold the wax paper loosely on the comb.
3. Put your lips lightly on the comb and the paper so that they hold the paper on the comb.
4. Blow air across the paper and hear the sound it makes as it vibrates.

### Paper Towel Roll Horn

*Materials:*

- paper towel roll
- waxed paper
- rubber band
- pen

*Directions:*

1. Cover one end of the paper towel roll with waxed paper and secure it with a rubber band.
2. Punch a row of holes along one side of the roll with the tip of a pen.
3. To play, sing a tune into the open end of the horn.

### Paper Plate Maracas

*Materials:*

- 2 paper plates (same size)
- Dried beans, seeds, uncooked rice or pasta
- Glue
- Staples
- Markers

*Directions:*

1. Decorate the bottom side of the paper plates.
2. Cover the base of one paper plate (right side up) with the beans/rice/pasta/seeds.
3. Put glue around the rim of the filled paper plate, and place the other paper plate face down so the rims can be fastened together.
4. Wait a minute or two, then staple the rims together for extra protection.
5. Shake the maracas and hear the sound it makes as the beans/rice/pasta/seeds move around.



# Influential Leaders in Our Community

## Mix and Match

Using the Dudley Branch of Boston Public Library's resources, match the correct influential leader from Boston to their accomplishments. The answer key is at the bottom.

- |                                    |                                                                                                                                                                |
|------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>A.</b> Dr. Charles Drew         | _____ 1. Responsible for 400 scholarship programs as the Vice President of Academic Programs and Strategic Initiatives at the United Negro College Fund (UNCF) |
| <b>B.</b> Solomon Carter Fuller    | _____ 2. Massachusetts Medical Society's first African-American president                                                                                      |
| <b>C.</b> Elma Ina Lewis           | _____ 3. First African-American female physician in the U.S.                                                                                                   |
| <b>D.</b> Mel King                 | _____ 4. Co-founder of Artists for Humanity                                                                                                                    |
| <b>E.</b> Dr. Karl W. Reid         | _____ 5. Former director of the Federal Reserve Bank and head of the Boston branch of the NAACP                                                                |
| <b>F.</b> Ronald E. McNair         | _____ 6. Organized the first large-scale blood bank in the U.S.                                                                                                |
| <b>G.</b> Allan Rohan Crite        | _____ 7. Second African-American to fly in space and served aboard the <i>Challenger</i>                                                                       |
| <b>H.</b> Dr. Mae Jemison          | _____ 8. First African-American psychiatrist in the United States                                                                                              |
| <b>I.</b> Lewis Latimer            | _____ 9. Master builder who played a large role in mid-20th century New York                                                                                   |
| <b>J.</b> Kenneth Irvin Guscott    | _____ 10. Founder of the National Center of Afro-American Artists (NCAAA)                                                                                      |
| <b>K.</b> Dr. Alice Tolbert Coombs | _____ 11. Inventor who contributed to patenting the light bulb and telephone with Thomas Edison and Alexander Graham Bell                                      |
| <b>L.</b> Dr. Joan Reed            | _____ 12. Founder of the South End Technology Center of Boston                                                                                                 |
| <b>M.</b> Robert Moses             | _____ 13. First African-American woman in space                                                                                                                |
| <b>N.</b> Dr. Rebecca Crumpler     | _____ 14. Harvard Medical School's first African-American female dean                                                                                          |
| <b>O.</b> Rob D. Gibbs             | _____ 15. Internationally renowned artist depicting African-Americans as ordinary citizens in the 1930-1940s                                                   |

ANSWER KEY: 1.E, 2.K, 3.N, 4.O, 5.J, 6.A, 7.F, 8.B, 9.M, 10.C, 11.I, 12.D, 13.H, 14.L, 15.G

# Suggested Reading List

Books available at the Dudley Branch of the Boston Public Library

## Ages 4-8

*A Day in the Life of a Dancer* by Linda Hayward

*The Best Beekeeper of Lalibela* by Cristina Kessler

*Caribbean Playground* by Putumayo World Music (Music CD)

*Juba This and Juba That: Stories to Tell, Rhymes to Chant, Riddles to Guess, and More!* By Nadine Westcott and Virginia Tashjian

*Storytime Puppet Zoo* by Marilyn Lohnes

## Ages 9-13

*Gutsy Girls: Young Women Who Dare* by Tina Schwager

*Latin and Caribbean Dance* by Margaret Musmon

*On Stage: How to Put on a Play* by Patricia Sternberg

*Slaying the Dragon: How to Turn Your Small Steps to Great Feats* by Michael Johnson

*The Storytelling Handbook: A Young People's Collection of Unusual Tales and Helpful Hints on How to Tell Them* by Anne Pellowski

## Ages 13-17

*Alvin Ailey: Celebrating African-American Culture in Dance* by Barbara Cruz

*Black Music of Two Worlds: African, Caribbean, Latin, and African-American Traditions* by John Storm Roberts

*Extraordinary Poetry Writing* by Margaret Ryan

*Letters to a Young Sister: Define Your Destiny* by Hill Harper

*The Modern American Theater: A Collection of Critical Essays* edited by Alvin B. Kernan

*Voices of Color: 50 Scenes and Monologues by African American Playwrights* edited by Woodie King, Jr.

## Ages 18+

*And Still We Rise: Interviews with 50 Black Role Models* by Barbara A. Reynolds

*Black Theatre USA: Plays by African Americans from 1947 to Today* edited by Ted Shine and James Vernon

*Everything I'm Not Made Me Everything I Am: Discovering Your Personal Best* by Jeff Johnson

*From Totems to Hip-Hop: A Multicultural Anthology of Poetry Across the Americas 1900-2002* edited by Ishmael Reed

*More Than Dancing: Essays on Afro-American Music and Musicians* edited by Irene V. Jackson